

# Carers Week™ 10th - 16th June 2019



A Guide to what's happening in Trafford for Carer's Week. For more information please call 0161 848 2400

## MONDAY 10TH



10:30am from Sale Sports Club, Clarendon Crescent,  
M33 2DE

To launch Carers Week, meet us at Sale Sports Club where volunteers from Trafford's Walking for Health will be leading a 45 minute gentle walk.

The walk will be followed by tea/coffee and a buffet which Sale Sports Club are very generously providing. **The buffet will be served at approximately 11:45pm.**

The walk is open to all carers and their loved ones.

**In order to cater for the buffet please let us know if you can join us by calling 0161 848 2400**

## TUESDAY 11TH

Join us at our **carers information point** in Stretford Mall (located outside Re:Love & Care).

We will be running a benefits clinic in addition to offering support, guidance & advice about your caring role as well as giving you all the up to date information about our activities and groups.

The team will be available between 9:30am - 4:30pm

## WEDNESDAY 12TH



Haydock Races are again inviting carers to spend a 'Day at the Races'

Tickets are available to both registered carers, families and

friends.

Please call 0161 848 2400 to arrange to have your ticket sent to you.

## THURSDAY 13TH

### "Be Our Guest"

10.00am - 2.30pm

Stretford Public Hall, Chester Road, M32

Come along and treat yourself to a lovely day out enjoying tea, delicious cakes, live music, good friends, Flower Arranging & Power of Attorney workshops, pampering treatments & information stalls.

FREE goody bag for all carers attending.

Relax as you mingle, chat, & make new friends



This is a **FREE Event** for registered carers. (There is very limited tickets available for non-registered carers who wish to participate in the afternoon tea and entertainment, priced at £10pp).

To book your place please call **0161 848 2400** or email [info@traffordcarerscentre.org.uk](mailto:info@traffordcarerscentre.org.uk)

### Power Of Attorney Workshop

We will be running another Power of Attorney workshop at our 'Be Our Guest' event at Stretford Public Hall from **10:15am—11:30am**

The workshop will be led by Kerry Blackhurst from MLP Law.

These workshops have been very popular and will be limited space so please book by calling **0161 848 2400**

To make our 'Be Our Guest' event more accessible to carers living in Partington, we are looking into hiring a minibus to pick carers up from a couple of locations and drop back to the same points after the event.

If you think you would benefit from this service please call **0161 848 2400**.