



A guide to local health and care services
for young people by young people

Youthwatch Trafford



Get information about physical, mental and sexual health
& find out where you can go to get help in Trafford.



Share your experiences with Healthwatch Trafford.
Tell us what's good or help to make improvements!



Submit your questions
& we'll research the answers for you.



You could even volunteer with us!

youthwatchtrafford.co.uk

All information is verified by local experts and curated by us, the Youthwatch Trafford volunteers aged 14-18. Follow us to hear more and join in with our activities!



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